

Mindset, You, Trust & Habits (MYTH)

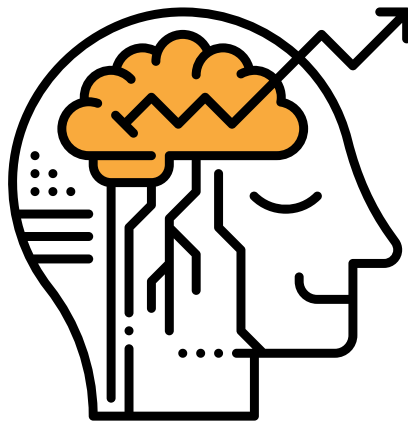


What is it?

A 3 part facilitated team course enabling newly formed teams or those going through or embarking on change to understand the key factors in them becoming a high performing team

What's the Outcome?

- Understanding of how thoughts drive behaviour
- Understanding of the importance of trust and how to create a habit



Who is it for?

- Newly formed departments or teams who want to be high performing
- A team who wants to perform higher
- A team which has a lot of change or are readying for a change initiative

What does it include?

- 3 x 2hr facilitated lessons
- For up to 15 participants

Here's what people are saying about our MYTH course

Amazing well organised, gives you a fresh thinking and motivated to make the most out of every moment you get. Lee giving his best gave positivity which made me feel better and helped me giving my best

- Takreem (Hallmark)

I have recently attended the Mindset course and I have to say it was very good, and that I have also gained a lot from attending the course.

It has already started to make me think a lot differently especially being more positive and more aware of how I am thinking

- Sarah (Hallmark)

If you want to chat about how you can improve yourself or your business through our training and coaching courses, then please email us at jason@getknowledge.co.uk

GET KNOWLEDGE